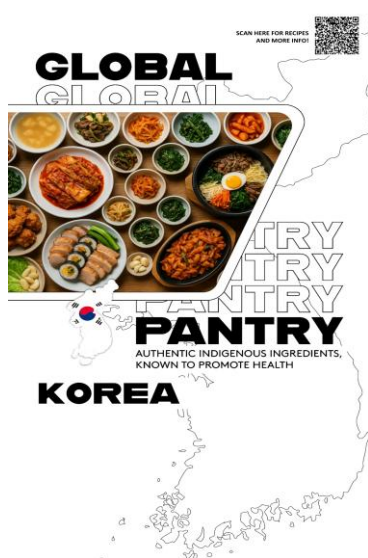


THIS WEEK

Week 7/27/26

What's Happening



Before placing your order, please inform your server if a person in your party has a food allergy.

Food by FLIK

M

Chicken Marsala FIT

Rice Pilaf **FIT**

Steamed Broccoli with Lemon

Deli

Smoked Turkey, Provolone, Red Onion, Hot Peppers, L&T, Oil, Vinegar, Semolina Roll

Grill

Beef, Swiss, Cheeseburger, Bacon, Onion Roll

Salad

Tomato, Cucumber Salad **FIT**

Soup

Chicken Rice Soup **FIT**

T

French Onion Braised Beef / Swiss Cheese Crouton

Roasted Harb Potatoes, Onions **FIT**

Roasted Zucchini

Deli

Reduced Sodium Roast Beef Cheddar, Horseradish Mustard, Wrap

Grill

Sweet Thai Chili Spiced Chicken Breast **FIT**

Salad

Carrot Raisin Salad **FIT**

Soup

Vegan Split Pea Soup **FIT**

W

Penns Pasta, Garlic Chicken Scampi

Garlic Bread Roasted

Roasted Broccoli and Peppers **FIT**

Grill

Jamaican Beef Patties

Salad

Macaroni Salad **FIT**

Pizza

Pocketless Personal Pizza

Soup

Chicken Noodle **FIT**

Th

Korean Barbecue Chicken Tacos, Cabbage, Kimchi, Tortilla

Steamed Basmati Rice **FIT**

Chili Spiced Braised Nappa Cabbage

Deli

Chicken, No-Nut Pesto, Mozzarella, Tomato, Honey Ciabatta Roll

Grill

Tuna Melt, Cheddar

Salad

Spinach, Strawberry Salad **FIT**

Soup

Vegetable Minestrone **FIT**

GRAB AND GO SANDWICHES & SALADS

F